

EQUESTRIAN ATHLETE TRAINING CAMP

(unmounted)



at the
**US OLYMPIC
TRAINING SITE**
CHULA VISTA ELITE ATHLETE CENTER

FOUR DAYS OF:

Strength Training
Sport Psychology
Injury Prevention
Video Analysis
Team Building
Leadership
Nutrition
Yoga and a
Surprise Fitness Field Trip!

July 7-10 and/or **August 4-7**

Four-day equestrian athlete summer training camps including 35-hours of workshops and workouts!

\$1,950

Price includes all accommodations, meals, airport pick-ups, classes, coaches and a fitness field-trip!

RIDERS

Minimum age is 13 but there is no maximum age. Riders of all riding and fitness levels are welcome.

LOCATION

2800 Olympic Pkwy, Chula Vista, CA 91915.
25 minutes from San Diego International airport.

PARENT INFO

Airport greetings, meetings, pick-ups and drop-offs are included for all unaccompanied minors.

FOR MORE DETAILS

<https://pressureproofacademy.com/classes/>



HOLD A SPOT
\$100



CONFIRM A SPOT
\$350